

CONTENTS

THE C	ITY OF CLERMONT-FERRAND	7
•	Campus France – City Information	7
•	Tourist Information	7
•	Getting to Clermont-Ferrand	7
CLERN	IONT SCHOOL OF BUSINESS	8
•	Our Mission	8
•	History	8
•	The Campus	8
•	Finding your way around the campus:	8
• Res	Accreditations - AACSB / AMBA / EFMD Bachelor/ French Ministry of Higher Education and earch	8
INTER	NATIONAL STUDENTS AT CLERMONT SCHOOL OF BUSINESS.	8
	NISTRATIVE SERVICES	0
•	The International Office	0
•	The Administrative Service / Registry Office	2
HIGHE	R EDUCATION IN FRANCE	3
•	Academic Calendar – Dates of Term 1	3
•	International Student Admission1	4
•	Degree-Seeking Students 1	4
•	Graduation1	4
•	Credit-Seeking Students – Grade Transcripts1	4
COUR	SES & ASSESSMENT 1	5
•	The ECTS Grading System	5
•	Award of ECTS Credits	5
•	Learning Agreement – Choice of courses1	6
•	Faculty Advisors (Exchange Students) 1	6
•	Exams and Course Assessment1	7
•	Grade Transcripts – Academic Records 1	7
	NISTRATIVE FORMALITIES 1	7
•		7

٠	Visa Application	17
•	Visa Validation	17
•	Visa Renewal	17
٠	RECE Visa extension for work experience after graduation	18
٠	Pre-Arrival Checklist	18
٠	Post-Arrival Checklist	19
•	Student Cards, Enrolment Certificate, Login & Email Account	19
•	CVEC State Student Services Tax	20
٠	CROUS Student Services	20
•	Health Insurance	20
•	Additional Health Insurance ("Mutuelle")	20
CAMI	PUS FACILITIES AND DIGITAL RESOURCES	21
٠	IT Resources - Student Account & Class Schedule:	21
٠	Konosys	21
htt	tps://konosys.esc-clermont.fr/	21
٠	Student Email:	21
٠	The LMS Educational Portal	21
٠	The 'Infolab' Resource Center	21
٠	The 'SquareLab' Incubator	21
٠	The CareerLab	21
٠	The Clermont School of Business Alumni Network	21
STUD	DENT LIFE, ASSOCIATIONS AND SOCIETIES	22
٠	Student Societies	22
FINA	NCES: COST OF LIVING & FINANCIAL AID	23
٠	Tuition and Fees	23
٠	Work-Study Program	24
٠	The Clermont School of Business Business School Foundation Scholarships:	24
•	ALS – Government Housing Benefit	24
٠	Opening a French Bank Account	25
ACCO	OMMODATION AND HOUSING	25
PRIV	ATE STUDENT RESIDENCES	25
Cai	rdinal Campus	25
٠	Residence Canopee	25

• 41 rue du ressort	25
Corum St Jean	26
Residence Canopee	26
www.corumsaintjean.fr	26
Les Estudines	26
Stud'City	26
Résidence Sacha Guitry 13 Boulevard Pochet Lagaye 63000 Clermont-Ferrand	l 26
• Résidence Jules Verne 34 Boulevard Pochet Lagaye 63000 Clermont-Ferrand.	26
• Résidence Saint Exupéry 11 Bd Pochet Lagaye 63000 Clermont-Ferrand	26
Résidence Boris Vian 48 rue Pablo Picasso 63000 Clermont-Ferrand	26
• Résidence Jacques Prévert 3 petit chemin de la Sarre 63000 Clermont-Ferran	d 26
Résidence Jean Cocteau 9 Boulevard Pochet Lagaye 63000 Clermont-Ferrand	26
Suit'Études	26
Nemea Appart 'Etud	26
Nexity - Studea	26
Studea Clermont Les Carmes	26
LogiFac – La Résidence Rabelais	26
Cardinal Campus	27
Appart City	27
OTHER – PRIVATE FLATS	27
Reasonably priced hotels	27
WHERE TO EAT	27
FreshFoodLab	27
CROUS Student Cafeterias and Refectories	27
Grocery Shopping	27
HEALTH & MEDICAL CARE & EMERGENCIES	27
How to get Medical Help :	27
CROUS Student Services Medical Center	27
Infirmary/ sick bay	28
Medical Appointment with a general practitioner	28
"Doctolib" Doctor's Appointment Booking Service :	28
(Qare) – Online consultations:	28
• SOS Médecins - AMUAC Médecin de Garde 7 j/7 et 24 h/	28
Emergencies	28

•	Gergovia University Campus Sick Bay	28
•	Pharmacy / Chemists	28
In c	case of Emergency	29
A -	Z of Useful Information	29
•	Alumni Association of the Clermont School of Business – CSB Alumni	29
•	Books, Stationery and Reading Materials	29
•	Bus and Tramway	29
•	Cinemas	29
•	Climate	29
•	CROUS ESPACE ACCUEIL ETUDIANTS	29
•	Dates	30
•	Disabled students	30
•	Driving in France	30
•	Electricity	30
•	Emergencies	30
•	 Food, Dining Out - Restaurants 	30
•	Launderettes	30
•	LieU'topie	30
h	https://www.lieutopie-clermont.org/en/home/	30
•	Phone Companies	31
•	Refectories, Snack Bars and Cafeterias	31
•	KIOSQUE LA RONDE DES SAVEURS (Snack Bar)	31
•	RU LE CLOS SAINT-JACQUES (Student Refectory)	31
•	CAFETERIA LA TERRASSE (Cafeteria)	31
•	RU LE CRATERE (Refectory)	31
•	KIOSQUE CRATERE (Snack Bar)	31
•	RU LE MANEGE (Refectory)	31
•	KIOSQUE LE MANEGE (Snack Bar)	31
•	KIOSQUE LEBON (Snack Bar)	31
-	CAFETERIA DE JAUDE (Cafeteria)	31
-	KIOSQUE JAUDE (Snack Bar)	31
•	Money Transfer	31
•	Post Offices	31

•	Public Transports	. 31
•	C-Velo – Bicycle Ioan	. 31
•	Smoking	. 32
•	Swimming pools	. 32
•	Sports & Leisure Activities	. 32
	SUAPS	. 32
	Fédération Nationale du Sport Universitaire,	. 32
	Bureau des sports – CSB - Sports Association	. 32
	Private Gyms	. 32
•	Ice Skating Rink	. 32
•	Swimming Pools	. 32
	Stade Nautique Coubertin	. 32
	Centre Aquatique Les Hautes-Roches	. 32
•	Sports Clu:	. 33
	Football	. 33
S	SUC – Service Université Culture	. 33
•	Taxis	. 33
•	Culture: Festivals; Theatre, Music, Concerts & Shows	. 33
•	Culture: Festivals; Theatre, Music, Concerts & Shows	
•		. 33
•	Fnac	. 33 . 33
•	Fnac Opera	. 33 . 33 . 33
•	Fnac Opera Orchestra	. 33 . 33 . 33 . 33
•	Fnac Opera Orchestra Tourism	. 33 . 33 . 33 . 33 . 33
•	Fnac	. 33 . 33 . 33 . 33 . 33 . 33
•	Fnac Opera Orchestra Tourism Tourist Office Travel	. 33 . 33 . 33 . 33 . 33 . 33 . 33
•	Fnac Opera Orchestra Tourism Tourist Office Travel Rail Travel	. 33 . 33 . 33 . 33 . 33 . 33 . 33 . 33
•	Fnac Opera Orchestra Tourism Tourist Office Travel Rail Travel Bus Companies	. 33 . 33 . 33 . 33 . 33 . 33 . 33 . 33
•	Fnac	. 33 . 33 . 33 . 33 . 33 . 33 . 33 . 33
•	Fnac	. 33 . 33 . 33 . 33 . 33 . 33 . 33 . 33
•	Fnac Opera Orchestra Tourism Tourist Office Travel Rail Travel Bus Companies Flixbus Ouibus Eurolines	. 33 . 33 . 33 . 33 . 33 . 33 . 33 . 33
•	Fnac Opera Orchestra Tourism Tourist Office Travel Rail Travel Bus Companies Flixbus Ouibus Eurolines Airport - Clermont-Ferrand - CFE Air Companies Operating from the CFE Airport	. 33 . 33 . 33 . 33 . 33 . 33 . 33 . 33
•	Fnac Opera Orchestra Tourism Tourist Office Travel Rail Travel Bus Companies Flixbus Ouibus Eurolines Airport - Clermont-Ferrand - CFE Air Companies Operating from the CFE Airport	. 33 . 33 . 33 . 33 . 33 . 33 . 33 . 33

EMER	GENCIES	35
•	How to report an emergency:	35

THE CITY OF CLERMONT-FERRAND

The city of Clermont-Ferrand is located in the Auvergne-Rhône-Alpes region, the second-largest region in France. Situated in the heart of the country, it lies at a crossroads between major French cities: Paris to the north, Lyon to the east, Bordeaux to the west, and Montpellier to the south.

Clermont-Ferrand is surrounded by the pristine mountains of the Chaîne des Puys, a UNCSBO World Heritage-listed national volcano park. The most famous extinct volcano, the Puy de Dôme, dominates the city's skyline. Much like the Eiffel Tower in Paris, many residents aspire to have a view of the Puy de Dôme from their homes or apartments.

The region is renowned for its vast range of outdoor activities, including skiing, hiking, mountain biking, windsurfing, and hang-gliding.

Clermont-Ferrand is also famous for hosting the annual International Short Film Festival, which takes place every February. Additionally, the city is home to the corporate headquarters of the Michelin Tyre Corporation, founded by the Michelin brothers more than a century ago.

A vibrant and dynamic city, Clermont-Ferrand offers a rich cultural scene with numerous festivals, cinemas, concerts, theatres, shows, and opera performances. It is also an excellent place to study, offering a high quality of life at an affordable cost of living.

The greater metropolitan area comprises:

289 817	Population (city and subur)	
40 000	Students	
6 000	International Students	
6	Graduate Schools (Grandes Ecoles) of Engineering & 1 Graduate School of Management (Groupe CSB)	
2	Major Universities	
6 000	Full-time Researchers	
300	Sports Associations and clu	
15 000	Companies (Michelin, Cap Gemini, Airbus, IBM)	

• Campus France – City Information

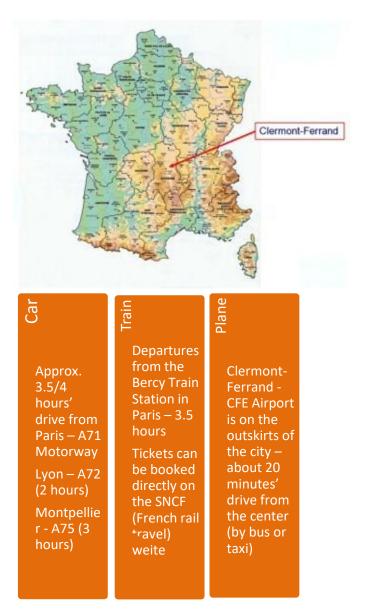
You can find more information about the city on the Campus France website (student cities) <u>https://ressources.campusfrance.org/pratique/villes/</u> en/Clermont-Ferrand_en.pdf

• Tourist Information

Information about the city and places to visit, free street maps are available in the central Tourist office opposite the cathedral.

https://www.clermontauvergnetourisme.com/

Getting to Clermont-Ferrand



Please arrange to arrive on a weekday when offices, agencies and shops will be open if this is possible. If you plan to arrive at night or during the weekend, we strongly recommend that you make a temporary reservation at a hotel or an AirBnB.



CLERMONT SCHOOL OF BUSINESS

Address: Clermont School of Business, 4 Bd Trudaine, 63000 Clermont-Ferrand, France

• Our Mission

Clermont School of Business is a Grande Ecole that has been developing business leaders for the past 100 years. It reinforces social openness and equal opportunities, boosts research and innovation, supports entrepreneurship, and encourages professional integration in the business world.

• History

The school was founded over 100 years ago by the local Chamber of Commerce in response to the growing demand for skilled managers and leaders in an expanding industrial landscape. It remains housed in its original building, which was initially constructed as a seminary for priests, later served as an army barracks, and was ultimately transformed into a business school in 1919.

• The Campus

The Clermont School of Business Campus is in the heart of the city, close to the historic medieval centre. Founded in 1919 at 4 boulevard Trudaine in former military garrison premises, the Clermont School of Business is in the centre of Clermont-Ferrand. A first extension was added to the building in 1992 and a second in 2024. This 4,000 m² extension was based on the renovation of former municipal premises and the addition of a new building. Since the start of the academic year in 2024, the Trudaine XL Campus has covered an area of 15,000 m².

• Finding your way around the campus:

Once you know the system, it is easy to find your way around the campus.

Reduced mobility students have priority access to lifts in both buildings.

Accreditations - AACSB / AMBA / EFMD Bachelor/ French Ministry of Higher Education and Research

Every year, many media outlets focus on ranking business schools based on several criteria: pedagogy, career placement, research quality, alumni networks, student life, relationships with businesses, international influence, corporate social responsibility (CSR), and more.

There are nearly 400 business schools in France, but only about forty are ranked (the schools whose degrees are accredited with a Bac+3 or Bac+5 visa and grant a bachelor's or master's degree). Present and highly ranked in numerous listings—whether they concern the school as a whole or a specific program— Clermont School of Business maintains its status as a Grande Ecole in the world of business schools.

Accreditations & Rankings

More information about accreditations and rankings : https://www.clermont-sb.fr/dans-les-classements/

INTERNATIONAL STUDENTS AT CLERMONT SCHOOL OF BUSINESS.

International students have been part of CSB since the early days, beginning with our first partnerships with several British, Spanish, and American universities. Certain agreements, such as the one with the University of Kansas, which has been a partner since 1949, are integral to the school's history and our tradition as an international institution. Welcoming international students is deeply embedded in our DNA, fostering the open-mindedness and exceptional diversity we strive to cultivate. We look forward to welcoming you to Clermont School of Business and hope that your time here will be filled with unforgettable memories and lifelong friendships.

ADMINISTRATIVE SERVICES

KONOSYS STUDENT ACCOUNT	IT SERVICE	A1-28
 OFFICIAL REGISTRATION ENROLMENT CERTIFICATES STUDENT CARDS DIPLOMAS 	ADMINISTRATIVE SERVICE	A0-01
 VISA – LIFE IN FRANCE STUDY ABROAD 	INTERNATIONAL OFFICE	A0-13
 TUITION PAYMENT REFUNDS DISCOUNTS 	ACCOUNTING OFFICE	A2-10
	PROGRAM OFFICES:	
SCHEDULE ISSUES	BACHELOR PROGRAM	A0-08
GRADES ACADEMIC MATTERS	MASTER PROGRAM	A0-04
ABSENCES	MSc PROGRAMMES	A0-02

• The International Office

International Experience is at the heart of our school's commitments.

The mission of the International Relations office is to promote international exchanges, encourage the arrival of international students, and ensure their welcome while developing strategic partnerships around the world.

We are committed to offering comprehensive support to students at the School who are interested in international opportunities, as well as to international students wishing to experience studying in France, thus enriching their academic and professional journey through a high-level multicultural immersion.

In 2023, Clermont School of Business was awarded the "Bienvenue en France" label with two stars, by decision of the Campus France Labelling Commission. This distinction recognizes the quality of the welcome policy provided to international students!



 Head of International Office
 Audrey ESTEVES

 Langues parlées : Français et Anglais
audrey.esteves@clermont-sb.fr +33 (0)473 982 408

 Studies Abroad and Outgoing Students
 Alexandra PESTRE
alexandra.pestre@clermont-sb.fr +33 (0)443 972 331
Langues parlées : Français, Anglais, Espagnol

International Students from partner Institutions	Lisa FIACRE <u>lisa.fiacre@clermont-sb.fr</u> +33 (0) 463 794 219 Langues parlées : Anglais, Français
	Mohamed EL ZAYADI mohamed.el-zayadi@clermont-sb.fr+33 (0) 764 778 927 Langues parlées : Arabe, Français, Anglais, Espagnol
International Recruitment for non- exchange students	Angèle PRADIER angele.pradier@clermont-sb.fr +33 (0) 443 976 537 Langues parlées : Espagnol, Anglais, Français
Study Abroad & Offshore Programs	Yuejia SUN Yuejia.sun@clermont-sb.fr +33(0)463 794 212 Langues parlées : Chinois, Français, Anglais

• The Administrative Service / Registry Office

The Administrative Service or admissions office can be found in the passage between the "Bansac" and the "Trudaine" buildings on level 2 – office 213. From August 2024, the office will move to the "Bansac" building on level 0 – office A0-01. The Administrative Services oversee administrative formalities for all degree-seeking students including official registration formalities, scholarships, degree- award formalities, organisation of the annual graduation ceremony, the disciplinary board and management of student affairs including registration certificates, certificates of successful completion of study periods and degrees. If you need to make an appointment with a member of the administrative services, you should send an email to the general email address:

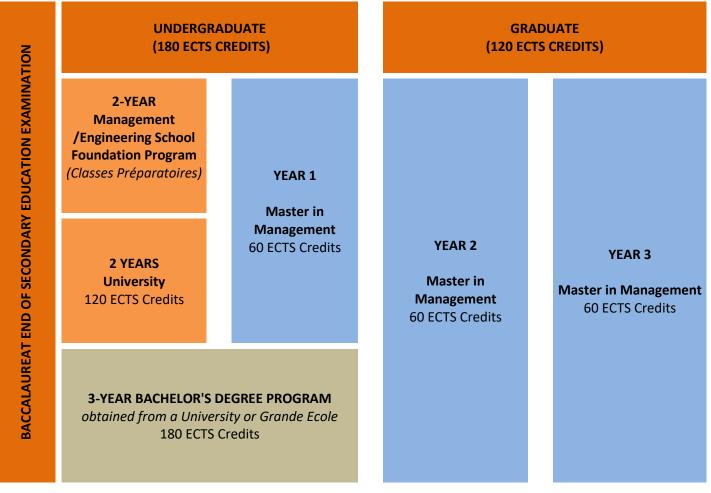
inscription@CSB-clermont.fr



Director of Administrative Services	Isabelle COMON Languages Spoken, French, English
	Sandrine TIEPPO
Degree Formalities	Languages Spoken: French, English
	Mathilde DIELEMANS
General Inquiries, Foundation Scholarship	Languages Spoken: French, English
	Ning HERVET
General Inquiries, Foundation Scholarship	Languages Spoken: French, English, Chinese

HIGHER EDUCATION IN FRANCE

The higher education system in France is based on a common European structure. The Bachelor-Master-Doctorate system is based on the number of semesters completed since leaving secondary school and the equivalent in European credits (European Credits Transfer Scheme - ECTS Scheme). The diagram below shows how the French business School fits into the overall scheme:



Academic Calendar – Dates of Term

The dates of term, holiday dates, application deadlines, and orientation sessions for the different programs will be included in the information package.

The school's academic year runs from the beginning September to the end of May. Some programs start later than others. The academic year is split into two semesters:

The first semester runs from September to December and ends the week before the holidays. The last week is dedicated to final exams.

The second semester runs from the beginning of January to the end of May. Some programs may finish earlier.

The main holiday periods are as follows – 1 week at the end of October/ beginning of November – 2 weeks at the end of December / 1 week in February / 1 week in April. Again, the exact holiday dates will be provided with the information package.

• International Student Admission

International students can apply to the school through various pathways. French speakers with a French qualification can access the Clermont School of Business programs via the French Management Schools' entrance exam system. Non-French speakers who have graduated abroad may apply through the International Recruitment Procedure. Additionally, international students can enter the school as part of an exchange program, either as credit-seeking or degree-seeking students.

For detailed information about admission to the school, please contact the International Office. International exchange students should first reach out to the International Office of their home institution for more information and details on the selection process.

• Degree-Seeking Students

Degree-seeking students will have more formalities to complete than exchange students.

Each year, degree-seeking students must complete an online registration process, for which they will receive a link from the registration office. This procedure is mandatory to be officially registered as a full-time student in France.

Without completing this registration, students will not be able to fulfil other important administrative tasks, such as renewing their visa .We therefore request students to be vigilant and to deal with any administrative requests from the school as quickly as possible.

If you are a degree-seeking exchange student (following a double degree program), you will be required to complete the registration procedure and submit your supporting documents to the registry office.

You should also make sure that you have validated all the requirements of both degrees (home and host institution) and that your results have been communicated to both your home and host institution so that they can each process and award your degree.

• Graduation

At the Clermont School of Business, the examination boards to validate degrees meet twice per year in July and in November/ December. The registry office cannot provide a certificate of successful completion of a degree prior to the examination board date for your program. You should make sure that the registry office has all the information that they need to process your degree and submit it to the approval of the official examination board. If they do not have all the information, or if you have not validated all your credits, your graduation will be postponed until the following examination board. Some of our degrees require, not only successful completion of all the courses, but also successful completion of compulsory internships, final exams and for the master's Program an official TOEIC score of 790.

After the examination board has approved a student's degree, the student will receive official notification of this from the registry office and an official final transcript.

Later, the student will receive an invitation to attend the graduation ceremony (which takes place in April each year) to receive the official degree award. If the student cannot attend the ceremony, the degree will be sent to the student or the home institution as appropriate.

The final degrees cannot be awarded and sent out to students before the degree ceremony.

Students will also have access to the school's extensive alumni network. <u>https://www.CSB-clermont-alumni.fr/fr/</u>

• Credit-Seeking Students – Grade Transcripts

Credit-seeking or non-degree exchange and erasmus students will receive their final transcripts from the international relations office. They will not have to complete the registration formalities required for degree-seeking students.

COURSES & ASSESSMENT

ECTS Grade Definition	
А	EXCELLENT - outstanding performance with only minor errors
В	VERY GOOD - above the average standard but with some errors
С	GOOD - generally sound work with a number of notable errors
D	SATISFACTORY - fair but with significant shortcomings
E	SUFFICIENT - performance meets minimum criteria
FX FAIL - some more work required be the credit can be awarded	
F	FAIL - considerable further work is required

The ECTS Grading System:

• The ECTS Grading System

The ECTS Grading System is used throughout Europe to promote cooperation between universities in the European Union. It provides an effective method for simplifying academic recognition across European educational institutions, aiming to create transparency between different programs and curricula followed by students. This system allows for the transfer of equivalent credits between institutions.

Full academic recognition is a "sine qua non" condition for student mobility within the framework of the Erasmus programs. Full academic recognition means that the study period abroad (including examinations or other forms of assessment) replaces

a comparable period of study at the home university (including examinations or other assessments), even though the content of the agreed study program may differ.

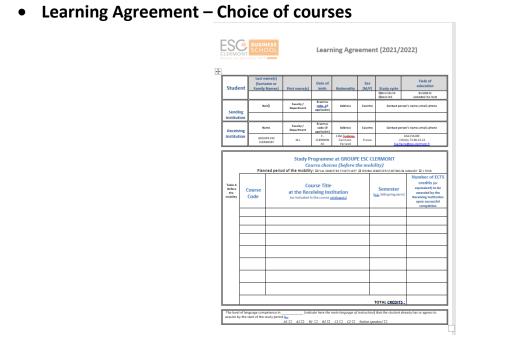
The number of ECTS credits allocated to a course reflects the student workload required for its successful completion.

• Award of ECTS Credits

ECTS credits are a numerical value (ranging from 1 to 60 credits) assigned to a course to define the student workload required for its successful completion. They reflect the amount of work each course unit demands in relation to the total workload necessary to complete a full academic year at the institution. This includes lectures, practical work, seminars, tutorials, fieldwork, private study, and examinations or other forms of assessment. The ECTS system is based on the full student workload and is not limited to contact hours alone.

ECTS credits indicate how much of a year's workload a specific course unit represents at the institution or department allocating the credits. In the ECTS system, 60 credits correspond to the workload of an academic year, while 30 credits represent a semester.

ECTS credits ensure that the program abroad remains manageable in terms of workload during the period of study.



Exchange students from partner institutions are required to complete a Learning Agreement (LA), which is a list of the courses they have chosen for the semester or academic year. The LA must be approved by the faculty advisor at Clermont, as well as the person in charge of the study period at the home institution. The Learning Agreement essentially serves as a contract, ensuring that the courses taken will be fully validated by the home institution. The signed version of the agreement guarantees this validation.

This document must be completed and submitted to the International Office before the deadline (usually at least two months before the start of the term). The LA will be used by the International Office or the Programs Office (for degree-seeking students) to register you for the courses.

Submitting the LA on time is crucial. It allows us to create additional course groups if certain classes are in high demand.

Students who submit their LA after the deadline may be denied access to courses that are already full.

Degree-seeking students will be required to complete all elements of the prescribed degree program, with the possibility of selecting from a few optional courses.

• Faculty Advisors (Exchange Students)

Your faculty advisor is available to answer any academic queries, assist with course selection, and provide academic guidance throughout your studies. Please reach out to your faculty advisor by email when you are in the process of choosing your courses.







• Exams and Course Assessment

At the end of each semester, final exams will be held. The final grade for each course may be determined by the final exam, continuous assessment, individual or group assignments and presentations, as well as active participation in class. Each professor will determine the weight assigned to each component of the final grade.

• Grade Transcripts – Academic Records

International exchange students will receive a copy of their grade transcripts once all grades have been entered into the system. After validation, an official copy will also be sent to the student's home institution.

ADMINISTRATIVE FORMALITIES

To study in France, you will need to complete various administrative procedures to comply with French immigration laws and be officially registered as a fulltime student at the Clermont School of Business. Checklists are provided below to guide you through these steps.

IMPORTANT: Please ensure that you have sufficient funds to support your visa application, as well as enough to cover your tuition fees and living expenses. An estimate of costs will be provided during the orientation session. The minimum required amount for the visa application is approximately 615 euros per month. This is the absolute minimum necessary to live as a student in France. Additionally, students should expect to need more funds during the first couple of months to cover extra expenses, such as flat deposits, etc. More information on living costs will be provided later in this guide.

• Visa Application

European Students

Do not require a visa to enter France. A valid ID card or passport is sufficient.

Non-European Union students

For a study period of over three months in France, non-EU students must apply for a visa via CAMPUS FRANCE. You can find all the information about applying for a student Visa on the Campus France website. The information about whether you need to apply for a visa is available on the official Government website (see link below)

https://www.campusfrance.org/fr/visas-et-cartes-desejour

Official name of the school: CLERMONT SCHOOL OF BUSINESS BUSINESS SCHOOL

The official website for visa applications to France: <u>https://france-visas.gouv.fr/en_US/web/france-visas/welcome-page</u>

• Visa Validation

Once you have arrived in France and have found permanent accommodation, you must validate your visa online.

This is a simple and quick procedure. Take the following items with you and visit the link below. https://administration-etrangers-en-

france.interieur.gouv.fr/particuliers/#/

- Valid email address
- Your visa in your passport
- Date of arrival in France (immigration services stamp on passport)
- Address in France
- Credit card

• Visa Renewal

Students who will study for more than one year in France will be required to renew their visa at least <u>2</u> months before the expiry date. To renew your visa, you should connect to the ANEF digital platform:

https://administration-etrangers-en-

france.interieur.gouv.fr/particuliers/#/

Visas that expire before the new academic year (during the summer) will be able to request a temporary visa extension to cover them until the start of the new academic year. This visa extension, which is called *"Attestation de prolongment - ADP"* should be

requested in the comments section when you apply for the renewal.

A list of documents required for the renewal can be found on the CROUS Student Welcome Desk webpage.

https://www.crous-clermont.fr/etudesinternationales/accueil-des-etudiantsinternationaux/student-welcome-desk/

All documents provided should be recent and dated no more than 3 months prior to the renewal application.

If you need help with this procedure, you can visit the student welcome office - Espace Accueil Etudiants at the CROUS, 30 Rue Etienne Dolet, 63000 Clermont-Ferrand. (link to website above)

The school's administrative service will provide you with the official Clermont School of Business enrollment certificate, which you will receive at the beginning of the academic year once you have completed the annual online registration process. If your visa expires before the academic year begins, you can request a temporary pre-enrollment certificate from the school. You will be able to upload the final enrollment certificate to the visa renewal platform at the start of the academic year to complete your registration.

Please note that if you apply for the visa extension late, you will be required to pay a higher fee for the renewal.

Once the procedure is completed and finalized, the prefecture will contact you to collect your residence permit in person.

However, if you do not receive any updates from the prefecture and your visa or temporary extension expires, you must log onto the platform and request a new extension (attestation de prolongation).

If you have any questions, do not hesitate to contact the International Office or the CROUS student welcome desk. Espace Accueil Etudiants 30 rue Etienne-Dolet 63037 Clermont-Ferrand Cedex 1 Tél. : 04 73 34 95 71 espace.accueil.etudiant@crous-clermont.fr

• RECE Visa extension for work experience after graduation

Please note: Students graduating from a master's degree program are eligible for a 1-year visa extension to stay in France and gain work experience. The type of residence permit **required** is the "RECE card" (Recherche d'emploi/création d'entreprise).

An official certificate of degree completion will be required. For more information, please refer to the following link:

https://www.servicepublic.fr/particuliers/vosdroits/F17319?lang=en

	CHECKLIST	Non-Fee-Paying students	Fee-paying Students
1	Complete the CSB online application procedure using the link provided by your contact at the School (the application links are different for exchange students and "freemover" students)	~	~
2	Pay the tuition fee deposit (instructions provided in the pre-admission letter) in order to receive the definitive admission letter.		\checkmark
3	Apply for visa with admission letter (non-Europeans)	✓	✓
4	Start accommodation search and pre-reserve your accommodation (at least for first few days of arrival if you prefer to look for your own accommodation). Non-Europeans will require proof of either a temporary or a permanent housing reservation to complete their visa procedure	Х	Х

Pre-Arrival Checklist

5	Complete Official Registration Formalities (link sent by the administrative services in July or December)- This procedure is for degree-seeking students only.	✓ Degree-seeking Students only.	✓ Degree-seeking Students only.
6	Complete your Learning Agreement with your Faculty Advisor before the deadline set by the International Office (exchange students only)	✓ Exchange Students only	
7	 Health Insurance: European Students – do not forget to apply for your European Social Security Card Non-Europeans – Free online registration with the French Social Security (you will require a certified translation of your Birth Certificate to do this – we advise you to get this translated in your home country and have it certified by the French Consular Services when you apply for your visa. All students are advised to get a travel insurance for their first days of arrival until the social security registration is finalized 	✓	✓
8	Book or confirm your travel Arrangements (after your visa has been granted)	✓	~

• Post-Arrival Checklist

	CHECKLIST	Non-Fee- Paying students	Fee-paying Students
1	 Finalize your Accommodation Reservation Open a bank account (permanent address required) – also get insurance for your accommodation with the bank (housing insurance also includes liability insurance) Get Phone, Gas, Electricity Internet Connected) – these services are included in the Moversia welcome package – you can get help from the private residences. For private flats, it is more complicated to do all this if you do not speak French. 	~	~
2	Participate in the Orientation Session organized by the international office	~	~
3	Visit the International Office to meet your contact person	~	~
4	Pay the CVEC Tax (online) – fee-paying degree-seeking students only		✓ Degree-seeking students only
5	Visit the Administrative Services Office (office 213) to submit any documents that they have requested and obtain the official enrolment/ registration certificate, student card and student email account Please note, non-degree seeking exchange students will receive these documents directly from the international office		Degree-Seeking Students

• Student Cards, Enrolment Certificate, Login & Email Account

After completing your registration procedures, you will receive the following:

- Student ID & login to access all IT resources.
- A Student Card

• An Enrollment Certificate or proof of registration as a full-time student at the School. The "Certificate de Scolarité" is required for all kinds of administrative formalities such as opening a bank account or applying for the residency card. The student card is also useful to obtain discounts (buses, cinemas, theatres ...).

Please note: The school premises are accessible 24/7 with the student card.

• CVEC State Student Services Tax

degree-seeking international students will be required to pay the State Student Services fee. Credit-seeking students are **not** concerned. The tax to be paid is approximately 100 euros per academic year.

CROUS Student Services

Student state student services are managed by the CROUS. The main CROUS services are to be found at 25-30 rue Etienne Dolet, 63000 Clermont-Ferrand. The CROUS hosts the Student Welcome Desk, a Student Medical Center and a Student Housing Service (Please note that Clermont School of Business has its own housing service). The CROUS manages the student refectories and cafeterias around the city. See the section entitled "A-Z of useful information" for details.

You will find complete information about the CROUS student services in the guide available at the following link:

https://usine.crous-

<u>clermont.fr/international/espace-daccueil-</u> <u>etudiants/student-welcome-center/</u>

Health Insurance

Non-European international students are legally required to register with French Health Insurance, which is completely free of charge. European students are automatically covered in France with their European Health Insurance Card.

French health insurance allows you to claim reimbursement for a significant portion of medical expenses if you become ill. We strongly recommend that you purchase additional optional complementary insurance (see below). In all cases, we also highly recommend arriving in France with private travel insurance, which will cover you in the event of an accident until you have completed all registration formalities and secured insurance for your accommodation (liability insurance is typically included in your house insurance). Documents required: All non-European students should bring an officially certified French translation of their birth certificate. This translation typically costs around 50-60 euros in France, so it may be more costeffective to have it translated in your home country and approved by the French consular authorities when applying for your visa.

A video tutorial on how to register for French Health Insurance is available in both French and English on the Campus France

website:<u>https://www.campusfrance.org/en/healthcar</u> <u>e-student-social-security</u>

Additional Health Insurance ("Mutuelle")

It is advisable to purchase a complementary student health insurance plan, known as a 'Mutuelle,' at the beginning of the term. French Health Insurance typically covers around 70-75% of medical expenses. This coverage is sufficient if you do not visit the doctor frequently. However, if you have a more serious condition that requires specialized medical care, specific exams, or tests, the costs can become significant and may not be fully reimbursed by basic French Health Insurance. A 'Mutuelle' will cover the remaining 30-35% of medical expenses, depending on the type of plan you choose.

The main student complementary health insurance providers are HEYME, LMDE, and SMERRA, each offering different levels of coverage at varying rates.

- <u>Foreign Student | HEYME</u> Reduction code : **63ESC-10** https://www.lmde.fr/
- https://smerra.fr/

• IT Resources - Student Account & Class Schedule:

Students will receive an ID and a confidential access code upon arrival, after completing the registration formalities.

Student portal: https://mycampus.clermont-sb.fr/

Access to the schedule, grades, attendance, and software downloads, etc.

Important: Access to your student portal will only be available at the start of the academic term.

• Konosys

Access to your personalized schedule, student file, grades...

https://konosys.esc-clermont.fr/

• Student Email:

Check regularly for emails from professors and administrators. Staff will not use your personal email address.

• The LMS Educational Portal

The school's Student LMS Portal provides students with access to all the information related to the courses you are following, including assignments, reading materials and course presentations.

• The 'Infolab' Resource Center

http://infolab.esc-clermont.fr/

The Infolab is the Clermont School of Business Group's documentary and digital resource center, providing support to students throughout their studies as well as individual and group workspaces and research tools. You can access the center from the ground level (car park entrance).

- Economic and financial databases: DIANE, ORBIS...
- French-speaking, international and professional news articles: EUROPRESSE, INDEXPRESS...
- Market Databases, Statistics: XERFI, ABI COMPLETE, STATISTA...
- E-book libraries: DAWSONERA, SCHOLARVOX...
- Books, magazines, newspapers in paper version, studies: ALEXANDRIE
- Academic journals: CAIRN, SALES & MANAGEMENT

 Platforms dedicated to students and teachers: LMS, ENT

The Infolab contributes to the integration of students into professional life through the learning of information skills. Access is free for students, teaching, and administrative staff of Groupe Clermont School of Business.

Full details can be found on the intranet and in the 'Infolab' documentation center.

• The 'SquareLab' Incubator

The school's incubator, SquareLab, was established in May 2015. It offers workspace and educational support to students and local entrepreneurs working on startup or takeover projects.

In practical terms, the incubator provides, in addition to coworking space, training, coaching, practical workshops, networking opportunities, assistance in securing funding, and a "startup mindset" that emphasizes innovation and the sharing of experiences. It is an ecosystem designed to foster the creation of innovative companies that can become market leaders by supporting and stimulating the entrepreneurial spirit of project leaders.

• The CareerLab

Clermont School of Business CareerLab, headed by the school's Corporate Relations Department, plays an active role in the most important stages of an CSB student's academic-life and career training at all academic levels providing progressive coaching and a "Make Sense" module, which are both designed to help students to improve self-awareness and develop a personalized professional path. Students can also get extra training to develop their soft skills, identify relevant ads, hold the attention of recruiters, and learn how to introduce themselves during an interview. Furthermore, specific actions and individual mentoring are designed to boost each student's employability.

• The Clermont School of Business Alumni Network

The Clermont School of Business Alumni Association is the community of graduates and students of Clermont School of Business, comprising over 16,000 members, including nearly 1,400 graduates across 109 countries. It is a powerful and dynamic professional network available to all. The Alumni Association welcomes new students as soon as they join the school, integrating them into the network, which allows them to connect with alumni, exchange ideas, and benefit from mentorship, guidance, and sponsorship. Students gain valuable insights and advice from alumni, helping them transition into the professional world.

The association fosters the creation, strengthening, and continuity of connections among alumni, as well as between students and alumni. It supports them throughout their careers.

The association enhances the reputation of its graduates and supports the school to increase its visibility and the value of its degrees.

Recruiters can contact students and alumni, explore the pool of candidates, and share job and V.I.E. offers by creating an account on the Alumni Association website: <u>www.esc-clermont-alumni.fr</u>

STUDENT LIFE, ASSOCIATIONS AND SOCIETIES

At Clermont School of Business, we take great pride in our 'family spirit.' We strongly encourage active participation in student associations and support our students by providing dedicated office spaces, equipment, coaching, tutoring, and more. Student associations are an integral part of campus life, offering students the opportunity to develop essential skills such as teamwork and leadership.

A complete list of student associations at Clermont School of Business is available on the website. Here are some of the main associations—full details can be found on the school's website.

Student Societies

BDE – Bureau Des Elèves: The 'BDE' Students' Union is the main students' representation organization which coordinates the activities of all the other associations. In addition, the BDE represents the student body as a whole. Elections are held every year. A new president and office is elected every year. The Main office is in the ground floor of the Bansac Building – Access from the car park entrance and turn right.
ISC International Student Community: The job of this team of students is to facilitate the integration of international students both on campus and in the city of Clermont. The Students who form this association play a very important role in international student life. They can help them with administrative formalities and organize multicultural events. You can contact them before your arrival (via the Facebook group). They also have and Instagram group. <u>https://www.facebook.com/groups/1021269004622307/?ref=bookmarks</u> <u>https://www.instagram.com/isc_CSBclermont/</u>
The "Bureau de la Créa" or Creative Association is dedicated students wishing to use their creative skills and set-up events and activities in the field of art.
The Humanitarian Association : Students are actively involved in a wide range of humanitarian activities, fund collections and donations for the needy, etc.
Junior Enterprise (SEGMA): This association is a student-run consulting company, carrying out market studies and surveys for businesses. The Clermont Junior Enterprise is part of the national federation or junior enterprises and it has a successful history of over 45 years' activity winning numerous prizes.

Association Prc Groupe ESC Cler	Go to See - The association which informs, advises, and accompanies future prospective students.
RECUDES SAORES	Bureau des Sports: The Clermont School of Business sports association. Sporting teams, sports events, and parties.
POLE CULTURE	Pôle Culture: The Cultural Association, organises events on a cultural and gastronomical theme, wine testing, international festivals.
	Festiv' en Zic : The CSB's music association created over 20 years ago – Discover new and local groups, participate in the Clermont Student Festival Week.
ESPORT ENTRUEIASTE	Esport Enthusiasts brings together students who are dedicated video game players organizing events and tournaments for advanced players and sharing advice and tips to improve skills.
Startup Academy	Start-Up Academy - Aspiring entrepreneurs will have access to brainstorming, coaching sessions and help you to work on your start-up project.

FINANCES: COST OF LIVING & FINANCIAL AID

Clermont-Ferrand is known for being one of the most affordable cities for students. In general, accommodation costs are lower than in many major student cities, and students can easily find housing within walking distance from the city center and the school.

Living expenses, including rent, food, and other bills, are estimated to range from approximately ≤ 600 to $\leq 1,050$ per month, depending on the student's lifestyle and the type of accommodation chosen.

In the first month, you should budget for additional expenses such as rent deposits, connecting utilities (electricity, gas, and telephone), and various other fees. It is strongly recommended that you open a bank account as soon as you arrive in France and deposit or wire enough funds to cover these initial costs.

The estimated monthly cost of living is based on the following information:

	MINIMUM	MAXIMUM
Rent for furnished room / furnished studio apartment (all charges included)	320€	450€

Meals (breakfast, lunch & dinner)	180€	350 €
Outings	30€	100€
Communication	30€	50€
Transport / travel	40€	100€
Between	610 €	1 050 €

• Tuition and Fees

A small number of international students are exempt from fees as they participate in a reciprocal exchange program with one of CSB's partner institutions. These students are generally Erasmus participants, enrolled for one semester or more to earn ECTS credits or as part of a dual degree program. Their fees are typically covered directly or indirectly through their home institution via parental taxes.

Fee-paying students are required to download the financial contract from the registration website, which outlines the total annual fees and available payment options (either in full or through regular installments). The contract must be completed and co-signed by your financial guarantor (such as a family member or bank) before being returned to the accounting services. Annual fees cover tuition, access to the school's premises, facilities, and digital resources, individual career coaching, and membership in the Alumni Association.

Fees can be paid via credit card or FLYWIRE. For inperson inquiries, you can visit the accounts office (Room 223, second level, "Bansac" Building).

• Work-Study Program

It is now legally possible to apply for a work-study program in France during your first year. However, finding a position can be challenging. You must apply to companies from your home country and secure a suitable work-study placement before June 30, as the program starts in late August.

Why is this timing critical? Students cannot begin a work-study program without having French social security coverage, and this process can take up to two months to complete. As a result, it is often difficult to access this track during your first year in France.

Additionally, you should consider potential extra costs, such as housing and travel expenses, especially if your company is located far from the school or in large cities like Paris or Lyon, where living costs are considerably higher.

• The Clermont School of Business Business School Foundation Scholarships:

Full details about the various types of financial aid available to students is available on the school's website. The Administrative Service will send details of how to apply for the Clermont School of Business scholarships at the beginning of the academic year.

The Social Scholarships Award: The Social Scholarships Award contributes either partially or totally to financing tuition fees for students enrolled in one of the Clermont School of Business's programmes, according to various criteria: financial, social, academic, and behavioural (attendance, motivation, involvement).

Mobility Grants: Mobility Grants are based on academic and social criteria and are awarded to

students enrolled in their final year of the Master Grande Ecole programme and who are participating in a double degree program at one of the Clermont School of Business partner universities in North America, South America, Asia-Oceania, and Europe. They aim to encourage and support our students' international experiences.

The Emergency Reserve Fund: This reserve fund is intended to provide exceptional assistance to students who are suddenly confronted with emergency situations.

• ALS – Government Housing Benefit

Your rent may be significantly reduced by applying for the housing benefit called 'ALS' (Aide au Logement Social). To be eligible, you must first complete all your other administrative formalities (residency permit, bank account, etc.). Once your claim is accepted, you will receive back-payments starting from the second month. You can apply for the ALS housing benefit on the CAF website.

Caisse d'Allocations Familiales

BP 100, Rue Pélissier,

63032 Clermont-Ferrand.

www.CAF.fr

Useful information is available on the campus France website:

https://www.campusfrance.org/en/student-housingfrance

The Student Housing Service (Moversia) or the ISC Association can help you with your ALS application at the beginning of the year.

Documents required to apply for the ALS housing benefit:

- ALS application (available on the <u>www.caf.fr</u> website)
- Official details of bank account (to have the payments directly transferred to your account)
- Proof of income for the previous two years or scholarship
- School enrollment certificate
- Photocopy of passport
- Photocopy of residency permit (obligatory)
- Copy of birth certificate translated into French

Please note that it is not possible to ask for the ALS if you are staying for 1 semester in particular if you do not have a long-term visa that can be renewed in France.

• Opening a French Bank Account

Students are strongly advised to open a bank account in France. This is essential if you are applying for housing benefits or claiming reimbursement for health expenses. Transferring large sums of money from abroad can also save you money in the long run, as bank charges for cash withdrawals can be quite expensive.

To open a bank account, you will need to provide the following documents. The CSB partner agency, 'MOVERSIA,' which supports student welcome and housing, can assist you in opening an account with its partner bank.

Required documents:

- Valid passport or residency permit
- Proof of address in France copy of your lease or rent payment receipts
- Proof of registration at the Clermont School of Business

Once you have opened your account you should ask your bank to provide the following documents:

- A checkbook
- A bank debit card which you can use to pay for shopping, services or withdraw money.
- R.I.B. ("Relevés d'Identité Bancaires") slips showing the bank account information required for administrative procedures.

Some of the main banks in Clermont-Ferrand:

- HSBC Place de Jaude
- Banque Nationale de Paris (MOVERSIA's partner bank)
- Crédit Agricole Agence Clermont Gaillard 5 minutes from the CSB - (Contact cyrille.faure@cacentrefrance.fr)
- Crédit Lyonnais
- Banque Populaire
- La Poste (French Post Office)



Clermont School of Business has been closely collaborating with the housing relocation agency, Moversia, since its founding by a CSB alumnus in 2005. As the number of international students continues to rise each year, we are committed to strengthening this partnership further.

Moversia currently offers a comprehensive housing package at no cost to all full-fee-paying international students enrolled at Clermont School of Business.

The welcome package includes a personalized housing search for private accommodation or student residences tailored to your budget and preferences. It also assists with important administrative tasks such as housing benefit applications, internet connections, bank account setup, and preparing for your arrival in Clermont-Ferrand.

For exchange and reduced-fee students, the package is available for a fee. While the service may seem costly initially, it allows students to secure their accommodation in advance, thus avoiding additional hotel or agency fees and saving valuable time and effort. We strongly recommend contacting Moversia early don't wait until the last minute.

Please note that housing in France can be expensive, and it's important to keep your expectations realistic and aligned with the current market.

While the Welcome Package is not mandatory, it is highly recommended, especially for international students who do not speak French.

Contact Moversia: international@moversia.com

ACCOMMODATION AND HOUSING

START YOUR SEARCH EARLY!

MOVERSIA HOUSING AGENCY

The Moversia Welcome Package

international@moversia.com

PRIVATE STUDENT RESIDENCES

Cardinal Campus

- Residence Canopee
- 41 rue du ressort

63100 Clermont-Ferrand

www.cardinalcampus.fr

Corum St Jean

• Residence Canopee 17 rue Gaultier de Biauzat 63000 Clermont-Ferrand +33(0)4 73 31 57 00 www.corumsaintjean.fr d.verdeaux@corumsaintjean.fr

Les Estudines

https://www.estudines.com/residence-logementetudiant-clermontferrand-32.html Contact: Lily ANSELME - Residence Manager - 06 03 36 75 19 - lily.anselme@resid-etudes.fr centralereservation@estudines.com

- Les Estudines Les Cézeaux 44 rue des Meuniers 63100 CLERMONT-FERRAND
- Les Estudines Sarah Bernhardt
 4 Boulevard Claude Bernard
 63000 CLERMONT FERRAND
- Les Estudines George SAND 11 rue de Médicis 63000 CLERMONT FERRAND

Stud'City

<u>https://www.studcity-</u> <u>clermont.com/residences/implantation/</u> **Contact : Emilie Verney** - Responsable commerciale Multisites / Sales Manager Tél. : +33 (0)4 73 28 43 08 | +33 (0)6 72 79 43 32

- Résidence Sacha Guitry
 13 Boulevard Pochet Lagaye
 63000 Clermont-Ferrand
- Résidence Jules Verne 34 Boulevard Pochet Lagaye 63000 Clermont-Ferrand
- Résidence Saint Exupéry 11 Bd Pochet Lagaye 63000 Clermont-Ferrand
- Résidence Boris Vian
 48 rue Pablo Picasso
 63000 Clermont-Ferrand
- Résidence Jacques Prévert 3 petit chemin de la Sarre 63000 Clermont-Ferrand
- Résidence Jean Cocteau
 9 Boulevard Pochet Lagaye
 63000 Clermont-Ferrand

Suit'Études

https://www.suitetudes.com/fr/logementetudiant/clermont-ferrand/24/le-parcbelvedere/?gclid=Cj0KCQiAhP2BBhDdARIsAJEz XIG3pWFocKrhfuAqKlZ6xJ2bJ0JYi5Saz6pfCfjmg BIKVRfNSvoYEq0aAkCDEALw_wcB

Contact : Anne Monteil - 06 35 13 50 59

<u>clermont@suitetudes.com</u> <u>clermont@uxco-group.com</u>

> • Residence Le Parc Belvédère 68 Avenue de l'Union Soviétique 63000 Clermont-Ferrand

Nemea Appart 'Etud

https://www.nemea-residenceetudiante.com/france/auvergne/puy-dedome/clermont-ferrand/clermontcentre/residence-135.html Contact : Mme Alleau - 0675622209

Clermont-centre@nemea.fr

• Résidence Clermont Centre 45 rue Saint Dominique 63000 Clermont-Ferrand

Nexity - Studea

https://www.nexity-studea.com/locationsetudiantes/clermont-ferrand

Contact : Marion Scafone

mscafone@nexity.fr / 0620291695

- Studea Clermont 1 25 rue Delarbre 63000 Clermont-Ferrand
- Studea Clermont Les Carmes Rue Henri Barbusse, 63000 CLERMONT FERRAND

LogiFac – La Résidence Rabelais

https://www.logifac.fr/residence/la-residencerabelais-clermont-ferrand/

Contact :

La résidence Rabelais
 23 Boulevard Pochet Lagaye
 63000 CLERMONT FERRAND

Cardinal Campus

 Résidence Canopée – 41 rue du ressort – 63100 Clermont-Ferrand – www.cardinalcampus.fr

Appart City

Temporary Housing www.appartcity.com reservations@appartcity.com clermontferrand-centre@appartcity.com

OTHER – PRIVATE FLATS

https://livin-france.com/school/CSB-clermont

• Reasonably priced hotels

You can book a hotel room for under 50 euros per night online using the following websites www.booking.com www.trivago.com www.airbnb.fr

WHERE TO EAT

• FreshFoodLab

FreshFoodLab – Cafeteria at Clermont School of Business

Clermont School of Business has a cafeteria/snack bar where you can order meals in advance through the app:

• CROUS Student Cafeterias and Refectories

If you would like a full meal or try out the wide range of student cafeterias or refectories, you can find a detailed list at the following link:

http://usine.crous-clermont.fr/restauration/cartedes-restaurants/

A complete meal can cost as little as 3-4 euros. Students can download the "IZLY" app on their smartphone and use this to purchase meals. Students will receive an access code when they pay the annual CVEC tax. Students who do not pay the CVEC tax can get access via the CSB's Student Administrative Services.



https://usine.crous-clermont.fr/restauration/payezavec-izly/

• Grocery Shopping

Centre of Clermont:

- Intermarché, rue Fontgiève, Clermont-Fd
- **ALDI**, avenue d'Italie, Clermont-Fd (good quality own-brand products at low prices!)
- Casino, place des Salins, Clermont-Ferrand
- Simply Market, bd Côte Blatin (under the Viaduct), Clermont-Ferrand
- Carrefour Market, Place Delille
- Lidl 177 Rue de l'Oradou

Hypermarkets & shopping centers :

- « Géant Casino », bd St Jean Z.I. Brézet
- « Auchan Plein Sud », 63170 Aubière, Auchan Sud, 12 avenue du Roussillon, 63170 AUBIERE
- "Leclerc" Lapardieu, Take the tramway in the direction of Lapardieu (tram stop Fontaine du Bac)

http://www.t2c.fr/sites/www.t2c.fr/files/PDF /Plans_des_lignes/Ligne_A_hiver.pdf

- "l'Épicerie du monde" Asian & World Food Store https://www.lepicerie-du-monde.com/

HEALTH & MEDICAL CARE & EMERGENCIES

If you are feeling unwell and unable to attend class, please notify the programs office and your professor(s) by email as soon as possible. Try to schedule an appointment with a doctor (see below) and obtain a certificate for the days you were absent. Please note that same-day appointments may not always be available. Once you are feeling better, kindly submit the certificate to the programs office.

To book a medical appointment, you have several options available:

• How to get Medical Help :

CROUS Student Services Medical Center https://sante.uca.fr/accueil-soins/prendre-rendezvous-et-venir-au-ssu

You can access a whole range of medical services (see below) at the CROUS Student Medical Service. You can book an appointment by phone or online. Address: 25 rue Étienne Dolet 63000 Clermont-Ferrand Tél. 04 73 34 97 20

Infirmary/ sick bay no appointment necessary

Medical Appointment with a general practitioner

Call beforehand to make an appointment

- > Monday (08h30 -17h00)
- > Tuesday (08h30 -17h00)
- > Wednesday (08h30 -17h00)
- > Jeudi (08h30 -17h00)
- > Vendredi (08h30 -17h00)
- > Saturday & Sunday (fermé)

Counselling

Call beforehand to make an appointment

- > Monday (08h30-17h00)
- > Tuesday (12h45-16h30)
- > Wednesday (08h30-17h00)
- > Jeudi (08h45-17h00)
- > Vendredi (09h00-16h00)
- > Saturday & Sunday (fermé)

Social Assistance

Call beforehand to make an appointment

- > Monday (08h30-17h00)
- > Tuesday (08h30-17h00)
- > Wednesday (08h30-17h00)
- > Jeudi (08h30-12h00)

If you need medical attention quickly and cannot get an appointment with the CROUS medical service straight away, you can book an appointment with another available doctor via the 'doctolib' website or phone app:

• "Doctolib" Doctor's Appointment Booking Service :

https://www.doctolib.fr/medecingeneraliste/clermont-ferrand

If you are feeling very sick and too unwell to leave your flat or cannot get an appointment immediately:

• (Qare) – Online consultations:

https://www.qare.fr/recherchepraticien?depassement=false&gclid=CjwK <u>CAjw49qKBhAoEiwAHQVTo7dYqCodPfqH</u> <u>mRnhOgUebeLxHZLnCCNqCPMkigaz-</u> <u>dZqu0bdL2dvfRoCYKgQAvD_BwE&page=1</u> <u>&resultatsParPage=10&specialite=general-</u> <u>practician&tiersPayant=true</u>

The cost of an appointment with a general practitioner is currently 26 euros. The doctor will give you a form to complete to send to your insurance company or the French Social Security for reimbursement.

If you are feeling very sick and too unwell to leave your flat at night or during the weekend you request an appointment with an on-call doctor – 'sos medecins':

• SOS Médecins - AMUAC Médecin de Garde 7 j/7 et 24 h/

1 Rue Claude Danziger, 63100 Clermont-Ferrand

Phone Numbers : 04 73 44 10 00 / 3624 / 04.73.42.22.22

Emergencies

In case of an extremely urgent situation requiring immediate medical attention: Please call one of the Emergency numbers:

- International (Europe): 112
- Medical /Ambulance: 15
- Fire Brigade & Medical Emergencies: 18

Gergovia University Campus Sick Bay

Another sick bay is available at the following address: UFR Lettres - 29 Bd Gergovia Tel 04 73 34 66 00

• Pharmacy / Chemists

Plenty of chemists are available around the city centre and can be easily spotted by a green cross. Certain medicines such as antibiotics are only available with a doctor's prescription. An emergency Chemist "**Pharmacie Ducher**" (close to the school on Place Delille), is open 24/7. You can claim reimbursement for certain prescription medicines from your health insurance. Keep all the paperwork as proof of payment.

In case of Emergency

(see back page of this guide for full details)

A - Z of Useful Information

• Alumni Association of the Clermont School of Business – CSB Alumni

The Groupe Clermont School of Business Alumni Association is a dynamic and international network of 12,000 graduates and students, offering exclusive services to its members. Degree-seeking students will get automatic membership to the school's alumni association and will continue to keep in touch with old CSB friends and receive news from the school for many years to come.

www.esc-clermont-alumni.fr

4 boulevard Trudaine 63000 Clermont-Ferrand +33 (0)4 73 98 24 26

Books, Stationery and Reading Materials

Handouts, reading assignments and course materials will be made available to the students on the LMS digital workspace.

Where to buy books & stationary in the city centre?

- FNAC books, music, concert tickets & computers & hi-fi) Centre Jaude - 2e étage (2nd floor of the Centre Jaude shopping centre)
- Librairie "Les Volcans", Bookstore Bd François Mitterand
- HEMA Shopping Centre Jaude 2 (stationary)

• Bus and Tramway

Clermont has a good public transportation system. A one-way ticket is 1.60€ and 10 Tickets is 15 euros. Tickets can be purchased from the tram stops or the main T2C office :

35 rue Montlosier,63000 Clermont-Ferrand.

For more information about the various transport options available, you can visit the website: www.t2c.fr.

To benefit from a student rate transport card, please visit the CROUS – Espace Accueil Etudiants -

https://www.crous-clermont.fr/etudes-

internationales/accueil-des-etudiantsinternationaux/espace-daccueil-etudiants/

You can also download the T2C app to access all information about the network and receive alerts on your phone.

• Cinemas

Student rates are available when you show your student card

- Ciné Jaude Jaude shopping center (top floor)
- Ciné Capitole, Place de Jaude
- Les Ambiances (films are shown in the original version/language) 7, rue St Dominique

• Climate

Clermont-Ferrand has a temperate climate, with cold winters and warm summers. The weather can be highly variable, with conditions changing dramatically from day to day, regardless of the season. It is advisable to dress in layers to accommodate all types of weather. For example, an autumn morning can be quite chilly but warm up significantly by the afternoon. In winter, you will need a warm jacket, while rain protection is necessary throughout the year. The coldest month is January, when temperatures can drop to -10°C or lower. Summers (July and August) tend to be hot and dry, with temperatures reaching 30-35°C. Please keep in mind that air-conditioning is not always available in France.

CROUS ESPACE ACCUEIL ETUDIANTS

30 rue Etienne Dolet, 63000 Clermont-Ferrand

Bus Stop: DOLET

https://www.crous-clermont.fr/etudesinternationales/accueil-des-etudiantsinternationaux/espace-daccueil-etudiants/

The CROUS Welcome Desk offers a wide range of services to assist you (please visit the website for complete details). At the start of the academic year, CROUS organizes fairs and events, and throughout the year, the information desk is available to help you with various tasks, such as obtaining a student transport card, applying for a student job, renewing your visa, getting assistance with your social security, scheduling appointments with the student health service or social workers, and learning about events and cultural activities. For full information, feel free to visit the welcome desk or check the CROUS website.

• Dates

Dates in France are written in the following order: day/month/year.

• Disabled students

If you request special conditions for exams, please contact the international office or the administrative services **BEFORE** your arrival. You will have priority access to the lifts available in both school buildings.

• Driving in France

If you have a valid driving licence, you are allowed to drive in France. It is mandatory for both drivers and passengers in the front and back seats to wear seatbelts while the vehicle is in motion. France enforces very strict laws regarding drunk driving. The legal limit is 0.5 mg/ml of alcohol per liter of blood, which is lower than the UK's limit of 0.8 mg/ml.

• Electricity

The current in France is 220 volts. The outlets or plugs might differ from what you are used to. Hence, to use electrical equipment, you may have to use an adapter and/or converter.



If you are renting a private flat, the electricity may not be included in the rent and you will have to register with the electricity supplier to be reconnected. For any specific questions, you can call the Electricity Company at the following number (English Spoken): 09.69.36.63.83

Important: Electricity is expensive in France especially if the heating is run on electric.

• Emergencies

(see back page)

• Food, Dining Out - Restaurants

Basic cooking facilities are available in most types of accommodation. You can find a wide variety of foods in local supermarkets (refer to the section on grocery shopping). France is renowned for its gastronomy, and the Auvergne region is especially famous for its cheeses (Cantal, St-Nectaire, Bleu d'Auvergne) and the traditional dish "Truffade," made with potatoes and cheese.

If you don't feel like cooking, Clermont offers plenty of dining options. There are many restaurants near the school and throughout the city center. For those who enjoy international cuisine, you'll find a variety of options, including Indian, Thai, Chinese, Tibetan, Vietnamese, African, Danish, Italian, Greek, and North African restaurants.

Vegetarian food is gaining popularity in France, and you'll find vegetarian restaurants and health food stores offering meat alternatives around town. An exotic food store, L'Épicerie du Monde, is also located near the city center [Website link: https://www.lepicerie-du-monde.com/].

Crêperies and Asian restaurants are great options for dining with international friends who may have different dietary preferences.

• Launderettes

There are plenty of Launderettes around town. There is one directly opposite the Business School and another in the Rue du Port (5-minutes from the school):

- Laverie automatique 10 rue Sainte Antoine, open
 7am 9pm 7 days a week
- Le Lavomatique self-service 2 rue Gregoire de Tours, open daily from 7am to 8pm.

• LieU'topie

https://www.lieutopie-clermont.org/en/home/

LieU'topie is a cultural and solidarity-based student association with strong local roots, but it also provides a grocery shop, a café, a bar, an exhibition room and a broadcasting venue. Open during the week and occasionally at weekends, the association offers a rich cultural program of debates, concerts, exhibitions, meetings, games evenings, etc. The LieU also provides a fully equipped kitchen and a washing machine during the day.

Its actions invite students and citizens of Clermont-Ferrand to experiment with new practices in a convivial and inclusive way, notably thanks to its Femmes de Mars collective, which fights against all types of discrimination and raises issues around feminism and LGBTQIA+, according to a dynamic oriented by the values of social and solidarity economy, ecology and popular education.

• Phone Companies

MOVERSIA or can help students to purchase a French SIM card with a mobile contract. The main companies operating in France are Orange & Sosh, Free, SFR & Red (SFR).

The code for France is +33

To call another country, first dial 00 followed by the country's international code.

To find a phone number or the address of a local shop etc, you can check the yellow pages

http://www.pagesjaunes.fr)

• Refectories, Snack Bars and Cafeterias

http://usine.crous-clermont.fr/restauration/cartedes-restaurants/

25 Rue Etienne Dolet, 63000 Clermont-Ferrand

- KIOSQUE LA RONDE DES SAVEURS (Snack Bar)
- RU LE CLOS SAINT-JACQUES (Student Refectory)

• CAFETERIA LA TERRASSE (Cafeteria)

26 Ave Léon Blum, 63000 Clermont-Ferrand

- RU LE CRATERE (Refectory)
- KIOSQUE CRATERE (Snack Bar)

11 rue d'Amboise, 63000 Clermont-Ferrand

- RU LE MANEGE (Refectory)
- KIOSQUE LE MANEGE (Snack Bar)

28 Bd Cote Blatin

• KIOSQUE LEBON (Snack Bar)

2 rue de Braga 63000, Clermont-Ferrand

• KIOSQUE ESTAING (Snack Bar - close to the residence)

11 Boulevard Charles de Gaulle, 63000 Clermont Ferrand

- CAFETERIA DE JAUDE (Cafeteria)
- KIOSQUE JAUDE (Snack Bar)

• Money Transfer

Exchange Rate Comparison website for transferring funds to France

Moneytis : https://moneytis.com/

Moneytis is 100% Free. It will enable you to picture what is the best solution for you to transfer your money in a few clicks.

This is how it works:

Step1: Go to https://moneytis.com/

Step2: Select the amount + the country « From » and the country « To » which you would like to transfer your money.

Step 3: Choose the best solution matching your needs (cost, speed of the transaction, easiness of the solution)

Step 4: You will be redirected towards the selected money transfer operator

Step5: Sign-up & finalize your transfer on the money transfer operator's website

Any questions? Feel free to send an e-mail to <u>team@moneytis.com</u>. You can aslo ask your questions directly to our online chat which you will find on <u>https://moneytis.com/</u>

To find out more about Moneytis: https://moneytis.com/

• Post Offices

Postage stamps, international money orders, telephone cards, post office current accounts, parcels etc

St Eloy – Central post office - Rue Maurice Busset, 63000 Clermont-Ferrand

Gaillard - Place Gaillard, 63000 Clermont-Ferrand

Gare SNCF – Agency next to the train station

Place de Jaude – agency on the main city square next to the Capitole Cinema

• Public Transports

See under 'Bus and Tramway' https://www.t2c.fr/

• C-Velo – Bicycle Ioan

C-Vélo: Clermont's bicycle loan service allows you to pick up and use a bike from any of the bike stations around the city. Once you've finished your ride, simply return the bike to the same station or to another station nearby.

You can register for free (the yearly fee of 25€ is currently covered by the city of Clermont- conditions may apply). You can download the C-Velo App on your phone which shows the availability of bicycles in each station.

Tél : 04.73.92.65.08

c.velo@velogik.com

Agency C.vélo - PEI Gare SNCF 28 avenue de l'Union Soviétique 63000 Clermont-Ferrand

Opening Hours

Mon-Fridays : 8h00-13h00 et 14h00-17h30 Saturdays 9h15-12h15 et 13h00-17h00

https://www.c-velo.fr/

Smoking

It is forbidden to smoke in all public areas in France. You may smoke outside, but it is forbidden to smoke in the school premises or next to the school entrances.

• Swimming pools

Stade Nautique Coubertin, (close to the bus station/ gare routière) Indoor & outdoor swiming pools, paddling pool, diving boards, sauna (student rates)

 Chamalières (Piscine Municipale des Hautes Roches, Rue Paul Lapie, 63400 Chamalières 2 pools, wave pool and water slide

• Sports & Leisure Activities

There are plenty of ways to stay fit in Clermont. Many private gyms offer special rates for students, and student associations organize a variety of sports activities. To get started, contact the BDE (Bureau des Étudiants) and the Bureau des Sports at CSB for more information about your favorite activities. Don't forget, you can often get discounts with your student card. **SUAPS** (University student sports organisation) – 15 bis rue poncillon, 63000 Clermont-Ferrand https://suaps.uca.fr/

Fédération Nationale du Sport Universitaire,

Complexe Sportif des Cézeaux. <u>https://sport-u-auvergnerhonealpes.com/</u>

Bureau des sports – CSB - Sports Association (BDS) CSB

Private Gyms

- KeepCool

https://www.keepcool.fr/s/salle-de-sport-clermontferrand

Lappart Fitness

https://www.lappartfitness.com/clu/salle-de-sportclermont-delille

Wellness Sportclub

https://www.wellness-sportclub.fr/clu/clermontferrand/

• Ice Skating Rink

https://www.clermontmetropole.eu/bouger-sedivertir/lexcellence-sportive/patinoire/

155 boulevard Gustave Flaubert 63000 CLERMONT-FERRAND Bus/tram: Ligne bus C, arrêt Lycée Lafayette Tramway, arrêt Lycée Lafayette

• Swimming Pools

https://www.clermontmetropole.eu/bouger-sedivertir/lexcellence-sportive/piscines/

The closest swimming pools to the city centre are as follows:

Stade Nautique Coubertin

Rue Pierre de Coubertin 63000 CLERMONT-FERRAND **Tel.**: 04 63 66 96 40 **Accès**: Bus n°4 : Salins Bus stop / Coubertin. Tramway : tram stop Maison de la Culture Olympic-type pool covered by a removable roof in good weather, play pool, slide, diving pit, park, solarium. Activities include aquagym

Centre Aquatique Les Hautes-Roches

Avenue de la 1ère Armée Rhin Danube 63400 CHAMALIÈRES Tel. : 04 63 66 96 30 Access : Bus n°13, Massenet bus stop Covered Olympic-style pool, 40m wave pool, slide, park, solarium. The Aquatic Centre offers 45-minute sessions of aquagym, aquajogging, aquaphobia and mother and baby sessions. Olympic type pool covered by a removable roof in good weather, play pool, slide, diving pit, park, solarium. The Nautical Stadium offers 45-minute aquagym sessions.

Royatonic – Spa Center

Place Allard

5 avenue Auguste Rouzaud 63130 - ROYAT <u>bains@royatonic.com</u>

• Sports Clu:

Football https://www.clermontfoot.com/classement/

Handball

https://handball-clermont-metropole.clubeo.com/

ASM Rugby

https://handball-clermont-metropole.clubeo.com/

SUC – Service Université Culture

29 Bd Gergovia 63001 Clermont-Ferrand Cedex 1 <u>http://Suc.uca.fr</u> Organizes cultural seasons composed of projects related to the missions of the institutions in a multiplicity of artistic and cultural languages.

• Taxis

Allo Taxi Radio: 04.73.19.53.53

Taxi Express: 06.98.34.30.98

Other companies are available in the Yellow Page directory (www.pagesjaunes.fr)

• Culture: Festivals; Theatre, Music, Concerts & Shows

Information about "what's on" in Clermont-Ferrand : <u>https://63.agendaculturel.fr/theatre/</u>

Fnac <u>https://www.fnacspectacles.com/place-</u> <u>spectacle/centre/billets-spectacles-clermont-ferrand-</u> <u>6918657522687897153-lt.htm</u>

Opera

https://clermont-auvergne-opera.com/

Orchestra

https://onauvergne.com/

• Tourism

Free documents available from the Tourist Office – (Place de la Victoire – opposite the Cathedral). Plenty

of free guides and maps are available at the tourist office desk.

Tourist Office <u>https://clermont-ferrand.fr/agenda</u>

• Travel

• Rail Travel

https://www.sncf.com/fr/itinerairereservation/reservation-billets

Bus Companies

Flixbus https://www.flixbus.fr/

Ouibus https://fr.ouibus.com/

Eurolines https://www.eurolines.de/en/international-bus-lines/

• Airport - Clermont-Ferrand - CFE

https://www.clermont-aeroport.com/fr

• Air Companies Operating from the CFE Airport

https://wwws.airfrance.fr

https://www.tuifly.fr/fr

https://www.ryanair.com/fr/fr

https://www.aircorsica.com/

• Water

You can drink tap water in France unless you see the sign 'EAU **NON**-POTABLE'

• Work Placements / Internships

Students will receive career guidance and personalized coaching sessions throughout their studies. Work placements play a crucial role in gaining the essential expertise and experience needed in a chosen field or sector. Aspiring entrepreneurs can use their executive internship time to work on their startup projects through the School's 'SquareLab' Incubator. The 'JobLab' at the school provides support to help students organize and streamline their search for the ideal placement.

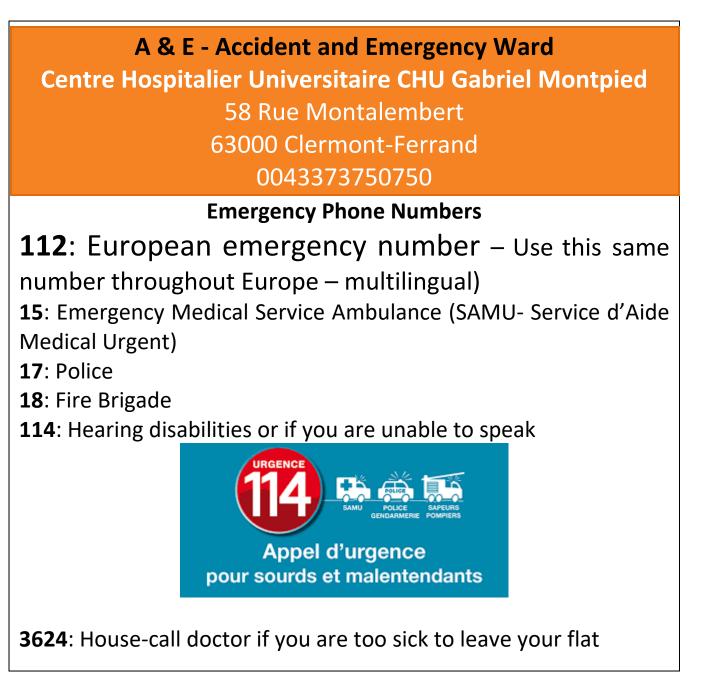
• End of Studies

Before returning to your home country please remember to:

• Get your paperwork signed - European students normally require a certificate of attendance to be

signed by the host institution before their departure to get their Erasmus Scholarship. The International Office can sign these documents for you.

 Make sure that you have terminated your utility contracts and that you have made the arrangements with your bank to close your account.



EMERGENCIES

- How to report an emergency:
- When you report an incident and call the emergency services you should remember to <u>stay online</u> until you are told to hang up
- Give your name and your address or a dCSBription of the locality so that they can find you easily.
- DCSBribe the accident/ incident/ state of the victim and answer the questions as clearly as possible.